# What happens in school?

When your child uses the internet in school they will be supervised. The school computers have a filtering and blocking system to limit access to inappropriate sites.

#### Click Clever Click Safe code:



# **ZIP IT**

Keep your personal stuff private and think about what you say and do online.



#### **BLOCK IT**

Block people who send nasty messages and don't open unknown links and attachments.



# **FLAG IT**

Flag it up with someone you trust if anything upsets you or if someone asks to meet you offline

### For further information visit

www.thinkuknow.co.uk
www.saferinternet.org
www.ceop.police.uk
www.digizen.org
www.childnet-int.org





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# Get the most from the net

The internet can bring the world into your home.

For example, you can access galleries, libraries, museums, supermarkets and banks.

But there can also be some less desirable things such as people trying to trick us, bully us or harm us.

All of the dangers that are in the real world can be found on the internet because there is little regulation on the internet.

However, you can help your child to use the internet safely.

www.cybermentors.org.uk www.gridclub.com

# Concerns about what to do

Here are a few suggestions on what to do and look out for and how you can help as a parent/carer.

## What are they doing?

Get to know how your child uses the internet, and ensure you always know what they are doing whilst using it.

## Monitoring

Put the computer in a family room so you can easily monitor how it is being used. Remember internet access is available on smart TV's, mobiles and games consoles.

#### Going to the wrong site

Think about filtering out inappropriate sites and encourage your child to be careful when spelling web addresses.

## Filtering and blocking

Remember that filtering is never as good as adult supervision, so try and supervise them where possible.

#### **Getting addicted**

Encourage your child to have a balanced approach to life and not spend all of their time on the computer.

### Commercialism

Set up a family e-mail address for your child to use to enter competitions or for using as a newsletter email address.

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## Cyber bullying

You can empower your child to stand up to bullies, encourage them to report any incidents.

www.cybermentors.org.uk

#### Who are they talking to?

Ensure that your child uses moderated chat rooms. This website recommends chat rooms for 7-11 year olds: www.GridClub.com

## What to believe on the web

Encourage your child to consider the truth of what they read. Remind them that not everything on the web is true.

#### Limiting what they can see and do

Use the tools on your computer and choose an internet service provider with parental controls or other protection.