



ST JOHN THE BAPTIST RC PRIMARY SCHOOL

Preparing the Way

A Voluntary Academy

Thames Ave, Burnley, Lancashire BB10 2PZ

email: office@stjohns.lancs.sch.uk

website: www.stjohnsrcprimary.co.uk

tel: 01282 438120



Headteacher: Mrs S Price
Head of School: Mrs H Bibby

Friday 8th July 2022

Dear Parents and Carers

Healthy eating at school

Please can we ask for your support in promoting healthy eating at school.

As part of our commitment to pupils' health and well-being, from September only fruit or vegetables will be permitted as snacks to be eaten at breaktimes. This means that if you would like your child to bring something to eat at morning break, this should be a portion of fruit or vegetables.

We have recently taken advice from the Department of Education's Healthy Schools Rating scheme and have realised that as a school, this is an area where we think we can make improvements.

Examples include: an apple, orange or banana; dried fruit pieces; vegetable portions eg carrot sticks, celery sticks, peapods.

During the first few days of the new term, if your child does have a break time snack other than fruit or vegetables, they will be given a gentle reminder.

If your child has a diagnosed medical condition that effects their eating, please let us know.

If you would like to discuss this further, please get in touch.

Yours sincerely

Mrs S Price
Headteacher